

# WELCOME TO DR MUSSO'S CHIROPRACTIC CENTER

TODAY'S DATE: ____/____/____			REFERRED BY: _____		
Name: _____		What do you prefer to be called: _____			
Last	First	MI			
Mailing Address: _____					
Phone #: _(____) _____		City _____		State _____	Zip _____
		Work #:_(____) _____			Ext _____
Cell #: _(____) _____			E-Mail Address: _____		
Birthday: ____/____/____			Age: _____		
Status:    ( ) Single    ( ) Married    ( ) Divorced    ( ) Separated    ( ) Widowed					
Occupation: _____			Employee Address: _____		
Primary Insurance Co.: _____			Policy #: _____		Group # _____
Insured's Name: _____			Relationship: ( ) self ( ) spouse ( ) parent ( ) other		
<b>Patients Height</b> _____		<b>Weight</b> _____		<b>Blood Pressure</b> _____	
			Insured's Birthday: ____/____/____		
Secondary Insurance: _____			Policy #: _____		Group # _____
Insured's Name: _____			Relationship: ( ) self ( ) spouse ( ) parent ( ) other		
			Attorney Name _____		
Insured's Birthday: ____/____/____			Address _____		
			City _____		Phone _____

**The more I understand the state of your health, the better I can help you. Also, by New Jersey and federal law, it is required that I obtain all this information, so thank you very much for filling this form out.**

Please indicate the Intensity and Frequency of your symptoms below: Example: 10 / D Headache

**Intensity:** 1 mild pain to 10 severe pain and **Frequency:** O: Occasional (1-2 days); F: Frequent (3-6 days); D:(daily)

____/____ Headache	____/____ Rt Shoulder Pain	____/____ Rt Hip Pain
____/____ Rt Jaw	____/____ Lt Shoulder Pain	____/____ Lt Hip Pain
____/____ Lt Jaw	____/____ Rt Elbow Pain	____/____ Rt Knee Pain
____/____ Neck Pain	____/____ Lt Elbow Pain	____/____ Lt Knee Pain
____/____ Upper Back Pain	____/____ Rt Wrist / Hand Pain	____/____ Rt Ankle / Foot Pain
____/____ Lower Back Pain	____/____ Lt Wrist / Hand Pain	____/____ Lt Ankle / Foot Pain
____/____ Chest Pain	____/____ Rt arm pin / needles	____/____ Rt Leg pins / needles
____/____ Stomach Pain	____/____ Lt arm pins / needles	____/____ Lt Leg pins / needles
	____/____ Numbness in Rt fingers	____/____ Rt Toes pins / needles
	____/____ Numbness in Lt Fingers	____/____ Lt Toes pins / needles
____/____ Painful Menstruation	____/____ Fainting	____/____ Feet Cold
____/____ Nervousness	____/____ Loss of Balance	____/____ Hand Cold
____/____ Irritability	____/____ Buzzing in Ears	____/____ Constipation
____/____ Depression	____/____ Face Flushed	____/____ Diarrhea
____/____ Fatigue	____/____ Loss of Smell	____/____ Fever
____/____ Loss of Memory	____/____ Loss of Taste	____/____ Head feels Heavy
____/____ Dizziness	____/____ Cold Sweats	____/____ Sleeping Problems
	____/____ Shortness of Breath	____/____ Light Bother Eyes

Do you have any of the following Stress related symptoms?  
 ( ) Headaches ( ) Sinus ( ) Allergies ( ) Asthma ( ) Fatigue ( ) Mood Swings ( ) Depression ( ) Digestive

**Please tell Dr. Musso about your primary problem:**

1. What primary location bothers you most? \_\_\_\_\_
2. How did it start? ( ) an injury ( ) sudden ( ) gradually
3. Where were you when you first felt the pain? ( ) home ( ) work ( ) unknown ( ) other
4. How did it happen? ( ) unknown \_\_\_\_\_
5. When did it start? ( ) Today ( ) Days ago ( ) Weeks ago ( ) Months ago ( ) Years ago
6. Have you had this problem before? ( ) No ( ) If Yes, when? \_\_\_\_\_
7. Do you have the problem: ( ) Daily - If so, is it: ( ) 100% ( ) 75% ( ) 50% ( ) 25% of the time
8. If you do not have it daily is it: ( ) 3-6 Days per week ( ) 1-2 days per week or less
9. Is there a time of day when the problem is worse? ( ) no ( ) morning ( ) noon ( ) evening ( ) night ( ) sleeping
10. How much pain is there, rating from 1 to 10 (10 being the worst)? 1, 2, 3, 4, 5, 6, 7, 8, 9, 10
11. What does it feel like? ( ) sharp ( ) dull ( ) achy ( ) throb ( ) tender ( ) heavy ( ) numb ( ) stabbing ( ) tingle ( ) burn ( ) cold

**12. What of the following did you tried to do to get rid of the problem, but it did not work?**

( ) aspirin	( ) medication	( ) massage	( ) wear support / brace	( ) family doctor	( ) neurologist
( ) Tylenol	( ) stretching	( ) jointments	( ) another chiropractor	( ) physical therapy	( ) ignore it, hoping
( ) Advil	( ) exercise	( ) heat or ice	( ) acupuncture	( ) orthopedist	it will go away

**Do you feel frustrated by having to do the above and it still did not go away?** ( ) Yes ( ) No

**As a result of having this problem, does it make you feel:** ( ) sad ( ) depress ( ) anxious ( ) upset ( ) mad ( ) tired ( ) irritated ( ) tense ( ) nervous ( ) none of these

**12. What aggravates your problem?**

( ) bending	( ) standing	( ) sitting	( ) any prolonged posture	( ) sex	( ) sports
( ) twisting	( ) lying down	( ) walking	( ) standing up from sitting	( ) reaching	( ) exercise
( ) lifting	( ) sleeping	( ) running	( ) climbing stairs	( ) driving	( ) moving

**13. What can you do to relieve the pain?**

( ) Nothing	( ) Resting	( ) Sitting	( ) Walking	( ) Ice	( ) Wearing a support
( ) lying down	( ) Sleeping	( ) standing	( ) Moving	( ) Heat	( ) Over the counter drugs

**14. What activities are limited due to your problem?**

( ) nothing	( ) squatting	( ) lying down	( ) almost any movement	( ) daily pet care
( ) lifting	( ) stooping	( ) sleeping	( ) repetitive motions	( ) lifting children
( ) pulling	( ) sitting	( ) gardening	( ) changing positions	( ) yard work
( ) pushing	( ) walking	( ) dressing	( ) climbing stairs	( ) concentrating
( ) carrying	( ) running	( ) driving	( ) playing sports	( ) urinating
( ) reaching	( ) jumping	( ) working	( ) extended computer use	( ) bathing
( ) twisting	( ) resting	( ) exercising	( ) household chores	( ) brushing teeth
( ) turning	( ) typing	( ) cleaning	( ) daily children care	( ) shaving
( ) bending	( ) cooking	( ) eating	( ) going to the bathroom	( ) dressing
( ) crawling	( ) reading	( ) having sex	( ) caring for infirm family member	( ) putting on socks
( ) kneeling	( ) standing	( ) standing	( ) coughing and sneezing	( ) putting on pants

**Life Style Interference**

**15. When this problem is at its worse, does it make it harder to do your job?**

- ( ) are you less productive on your job ( ) enjoy your work less  
 ( ) have to take more brakes ( ) has your boss said anything about it yet

**16. When your problems are at their worse does it affect your relationship with family or friends?**

- ( ) I am less fun to be with ( ) I help less around the house  
 ( ) there are things I cannot do with them Who's more disappointed, You ( ) or Them ( )

**17. When the problems are at their worst, does this problem affect your sleep?**

- ( ) Trouble falling asleep ( ) Not enough restful sleep  
 ( ) Awakening in the middle of the night ( ) Waking earlier than normally

**18. When the problems are at their worst, it prevents me from doing or enjoying hobby/interest/sport? ( ) Yes ( ) No**  
 What? \_\_\_\_\_

**19. Is there anything else you would do more of or just enjoy more if it wasn't for these conditions? ( ) Yes ( ) No**  
 What? \_\_\_\_\_

**20. Does this problem make you feel older than you are? ( ) Yes ( ) No How much older? \_\_\_\_\_**

**21. Would you feel younger if you did not have this problem? ( ) Yes ( ) No How much younger? \_\_\_\_\_**

22. If this problem did not get fixed, would this problem get worse? ( ) Yes ( ) No

Earlier Treating Doctor(s) for the above Problem: ( ) None \_\_\_\_\_

**Any earlier physical traumas:**

- ( ) 1 car accident ( ) work injury ( ) fall off chair ( ) hit head bottom of pool  
 ( ) 2 or more car accidents ( ) sport injury ( ) slip and fall ( ) carrying weight on your head  
 ( ) motorcycle accident ( ) fallen off a horse ( ) skiing injury ( ) in a fight  
 ( ) bicycle accident ( ) fall off ladder ( ) ocean wave injury Other: \_\_\_\_\_

Do think that the above could attribute to the earlier cause of your current problem? ( ) Yes ( ) No

**Please let me know about your Current and Past Health History: Please put the letter C in the ( ) for currently having the condition or a P for having the condition in the Past and it has resolved.**

- ( ) AIDS/HIV ( ) chemical dependency ( ) high blood pressure ( ) polio  
 ( ) alcoholism ( ) depression ( ) low blood pressure ( ) prostate problems  
 ( ) anemia ( ) diabetes ( ) kidney disease ( ) psychiatric care  
 ( ) anorexia ( ) emphysema ( ) liver disease ( ) rheumatoid arthritis  
 ( ) appendicitis ( ) epilepsy ( ) migraine headaches ( ) stroke  
 ( ) arthritis ( ) heart disease ( ) miscarriage ( ) suicide attempt  
 ( ) asthma ( ) hepatitis ( ) multiple sclerosis ( ) thyroid problems  
 ( ) bleeding disorders ( ) hernia ( ) osteoporosis ( ) tumor  
 ( ) breast lump ( ) herniated disc ( ) pacemaker ( ) ulcers  
 ( ) bronchitis ( ) high cholesterol ( ) Parkinson's disease ( ) vaginal infection  
 ( ) bulimia ( ) hypertension ( ) pinched nerve ( ) venereal disease  
 ( ) cancer, where \_\_\_\_\_ ( ) fractures, where \_\_\_\_\_ ( ) pneumonia ( ) whiplash or obesity

**Please let me know your Wellness History and Social History:**

# of children _____ ( ) pregnant of _____ weeks	( ) drinks less than 8 glasses of water daily	( ) skip breakfast
( ) going through menopause	( ) drinks 8 glasses of water daily	Take vitamins ( ) Y ( ) N
Drinks alcohol? ( ) N ( ) Y ( ) light ( ) moderate ( ) heavy	( ) go to the bathroom daily	( ) Poor sleeper
Smoke cigarettes? ( ) N ( ) Y ( ) light ( ) moderate ( ) heavy	( ) have trouble going to the bathroom	( ) Good sleeper
Drink caffeine? ( ) N ( ) Y ( ) light ( ) moderate ( ) heavy	( ) eats three meals per day	Exercise ( ) N ( ) Y

What is your current activity exercise level: ( ) none ( ) light ( ) moderate ( ) strenuous

**Please let me know what drugs you are currently taking:**

( ) none	( ) anti-coagulant	( ) anti-inflammatory	( ) cholesterol	( ) tranquilizers
( ) aspirin	( ) high blood pressure	( ) painkillers	( ) antibiotic	( ) anti-acid
( ) sleeping pills	( ) anti-depressant	( ) chemotherapy	( ) steroids	( ) codeine

Drugs' Name: \_\_\_\_\_

What are you Allergic to? ( ) None \_\_\_\_\_

**Please let me know about surgeries you have had: ( ) None**

- ( ) appendectomy, when \_\_\_\_\_ ( ) tonsillectomy, when \_\_\_\_\_  
 ( ) hysterectomy, when \_\_\_\_\_ ( ) caesarian section, when \_\_\_\_\_  
 ( ) Other: \_\_\_\_\_ when \_\_\_\_\_  
 ( ) Other: \_\_\_\_\_ when \_\_\_\_\_

Please list and date other Hospital stays: ( ) None Reason: \_\_\_\_\_ Date: \_\_\_\_\_  
 Reason: \_\_\_\_\_ Date: \_\_\_\_\_ Reason: \_\_\_\_\_ Date: \_\_\_\_\_

Any reason that will prevent you from receiving treatment? ( ) None ( ) Transportation ( ) Work Schedule

## Family Health History

1. Please fill in the AGE of each family member.
2. Under their column put “C” for CURRENT health problem.
3. Under their column put “P” for a PAST problem.
4. Leave blank those spaces that do no apply.

Condition	Father Age____	Mother Age____	Spouse Age____	Brothers Age____	Age____	Sister Age____	Age____	Children Age____	Age____
Arthritis									
Allergies-Hay Fever									
Back problems									
Cardiovascular Disease									
Cancer									
Constipation									
Diabetes									
Disk Problems									
Emotional Problems									
Emphysema									
Epilepsy									
Headache									
Heart Trouble									
High blood pressure									
Insomnia									
Kidney Trouble									
Liver Trouble									
Migraine									
Osteoporosis									
Pinched nerves									
Scoliosis									
Sinus trouble									
Stomach Problem									
Deceased									

If any of the above family members are deceased, please list their age at death and cause.

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**Again, thank you so very much for filling these forms out. Let's get you feeling better!**

